

February 1-2, 2024

Wk2

FORSYTH COUNTY SCHOOLS
High School Winter Menu

Schools menu go to: www.mealviewer.com



MONDAY Jan.29	TUESDAY Jan.30	WEDNESDAY Jan.31	THURSDAY Feb.1	FRIDAY Feb.2
		Bacon Cheeseburger or Hamburger Cheeseburger or Hamburger on GF BUN	Homemade Chicken Noodle Soup w/ Toasted Grilled Cheese Sandwich ** Grilled Cheese on GF Bread	
		Chicken Tenders & Waffle	Baked Potato w/Topping Bar	
		Sch-made Cheese or Pepperoni** Pizza Veggie or specialty Pizza	Primo Buffalo Ckn Pizza	
		Smuckers PB&J** Chicken Tender Wrap Turkey & Cheese GF Bun	Smuckers PB&J**	
		Tyson Buffalo Chicken Salad	WITH CHOICE OF 4	WITH CHOICE OF 4
			Shoestring Sweet Potatoes Leaf Lettuce w/Slice Tomato Crispy Celery Logs Strawberries cups Seasonal Fresh Fruit	Spinach Salad w/Craisins Green Peas Veggie Dippers Pineapple Tidbits Seasonal Fresh Fruit WG Brownie Lowfat Milk Choice
Gluten Free Entree Option Dark Green vegetable serving Red/Orange vegetable serving Legume vegetable serving				Note: Availability of food, early release days and special school situations may require changes in menus without notice.

FORSYTH COUNTY SCHOOLS
High School Winter Menu

February 5-9, 2024

Wk 3

Schools menu go to: www.mealviewer.com



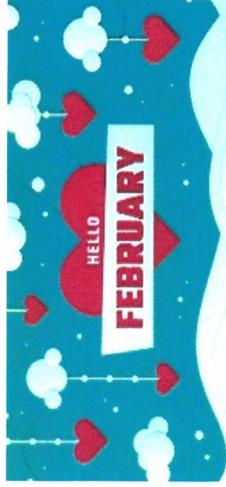
MONDAY Feb 5	TUESDAY Feb 6	WEDNESDAY Feb 7	THURSDAY Feb 8	FRIDAY Feb 9
Dill Chicken Chunks served w/ WG Roll Grilled Chicken on GF BUN	Nachos w/ Cheese *** & Meat	Garlic French Bread *** w/ Tomato Basil Soup ***	Gold Creek Breaded Chicken Drumstick or Thigh w/ WG Roll	Asian Chicken Rice/Pasta Veggie Bowl served w/Spring Roll
Chicken Tenders (Plain/Spicy) served w/ WG Roll	Cheeseburger/Hamburger Hamburger on GF Bun	Mini Chicken Sliders	Beef Sticks w/Gravy Dipping Sauce w/ WG Roll	Dripping Ckn Tender Sandwich
Primo Pizza Cheese *** & Meat-lovers Pizza	Calzone w/Cheese or Pepperoni	Chicken & Pasta Alfredo/Pesto	Sch-made Cheese or Pepperoni** Pizza Veggie or specialty Pizza	Pizza Cheese Stuffed Breadsticks w/ Fresh-made Marinara
Sandwich Entrée				
Smuckers PB&J*** Turkey & Cheese WG Hoagie Turkey & Cheese GF Bun	Smuckers PB&J*** Tyson Grilled Chicken Caesar Wrap Ham & Cheese GF Bun	Smuckers PB&J*** Buffalo Chicken Wrap Turkey & Cheese GF Bun	Smuckers PB&J*** SW Turkey Wrap Ham & Cheese GF Bun	Smuckers PB&J*** Turkey & Cheese GF Bun
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)	California Chicken Salad	Taco Salad /Veggie Salad **	Chef Salad w/Ham	Buffalo Chicken Salad
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4
Seasoned Potato Wedges	Seasoned Black Beans	Shoestring Sweet Potatoes	Cheesy Potato AuGratin	Spinach Salad w/Craisins
Fresh Garden Tossed Salad	Shred Lettuce & Diced Tomatoes	Steamed Broccoli	Seasoned Green Beans	Asian Blend Veggies
Steamed Carrots	"Cool" Cucumber Slices	Crispy Celery Sticks	Veggie Dippers	Sticks&Stones (Grape Tomatoes/Carrots)
Sweet Pineapple Tidbits	Applesauce Cup Variety	Frozen Fruit Cups	Sliced Peaches	Mandarin Oranges
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Sweet Pineapple Chunks
Lowfat Milk Choice	Lowfat Milk Choice	Low fat Milk Choice	Lowfat Milk Choice	Frosted Cookie WG
Vegetarian option ***	Vegetarian entree offered daily - check school for choices			
Gluten Free Entree Option	ALL Fruit and Vegetables GF			
Dark Green vegetable serving	Red/Orange vegetable serving			

Note: Availability of food, early release days and special school situations may require changes in menus without notice.

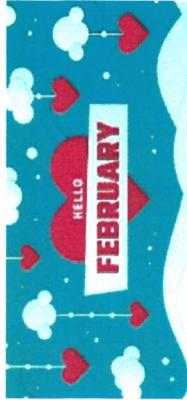
FORSYTH COUNTY SCHOOLS
High School Winter Menu
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February 12-16, 2024

Wk 1



	MONDAY Feb 12	TUESDAY Feb 13	WEDNESDAY Feb 14	THURSDAY Feb 15	FRIDAY Feb 16
Spaghetti w/ Meatballs Meatless Sauce ***	Nachos w/ Cheese*** & Meat	Tyson Bosco Stuffed Breadsticks w/ Fresh-made Marinara	Macaroni Cheese Bowl w/Toppings		Student/Staff Holiday
Meatball Sub	Quesadilla Pizza ***	Brookwood BBQ Sandwich BBQ on GF Bun	Crispy Chicken Chunks (Dill/Spicy) WG Roll		
PrimoWedge Pizza Pepperoni or Cheese	Corn Dog Popcorn Chicken w/WG Roll	Asian Chicken w/Roll 	Sch-made Cheese or Pepperoni** Pizza Veggie or specialty Pizza		
Sandwich Entrée	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***		
Hoagie Club (Turkey&Ham) Ham & Cheese GF Bun	SW Turkey & Cheese Wrap Turkey & Cheese GF Bun	Buffalo Chicken Wrap	Ham & Cheese WG Hoagie Ham & Cheese GF Bun		
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)					
Southwest Chicken Salad	Taco Salad /Veggie Salad	Chef Salad w/Ham	Tyson Buffalo Chicken Salad		
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	
Caesar Salad	Seasoned Roasted Corn Seasoned Black Beans	Seasoned Potato Wedges Steamed Broccoli	Seasoned Green Beans Sunshine Souffle (carrot)		
Sonoma Vegetables Veggie Dippers Sliced/Diced Pears Seasonal Fresh Fruit	Crunchy Celery Logs Sliced Peaches Seasonal Fresh Fruit	Mandarin Oranges Seasonal Fresh Fruit	Creamy Mashed Potatoes Seasonal Fresh Fruit Froz Diced Fruit cup		
Vegetarian Entrée option ***	Vegetarian entree offered daily - check school for choices				
Gluten Free Entrée Option	ALL Fruit and Vegetables GF				
Dark Green vegetable serving	Red/Orange vegetable serving			Legume vegetable serving	
Note: Availability of food, early release days and special school situations may require changes in menus without notice.					
This institution is an equal opportunity provider.					



FORSYTH COUNTY SCHOOLS
High School Winter Menu

February 19-23, 2024

wk 2

Schools menu go to: www.mealviewer.com

FORSYTH COUNTY SCHOOLS
High School Winter Menu

February 26-March 1

Wk 3

Schools menu go to: www.mealviewer.com



MONDAY	Feb. 26	TUESDAY	Feb. 27	WEDNESDAY	Feb. 28	THURSDAY	Feb. 29	FRIDAY	Mar. 1
Dill Chicken Chunks served w/ WG Roll	Nachos w/ Cheese *** & Meat	Garlic French Bread *** w/ Tomato Basil Soup ***	Gold Creek Breaded Chicken Drumstick or Thigh w/ WG Roll	Asian Chicken Rice/Pasta Veggie Bowl served w/Spring Roll					
Grilled Chicken on GF BUN	Cheeseburger/Hamburger Hamburger on GF Bun	Mini Chicken Sliders	Beef Sticks w/Gravy Dipping Sauce w/ WG Roll	Dripping Ckn Tender Sandwich					
Chicken Tenders (Plain/Spicy) served w/ WG Roll	Calzone w/Cheese or Pepperoni	Chicken & Pasta Alfredo/Pesto	Sch-made Cheese or Pepperoni** Pizza Veggie or specialty Pizza	Pizza Cheese Stuffed Breadsticks w/ Fresh-made Marinara					
Primo Pizza Cheese *** & Meat-lovers Pizza									
Sandwich Entrée	Smuckers PB&J***	Smuckers PB&J*** Buffalo Chicken Wrap	Smuckers PB&J*** SW Turkey Wrap	Smuckers PB&J*** Ham & Cheese GF Bun					
Smuckers PB&J***	Tyson Grilled Chicken Caesar Wrap	Turkey & Cheese GF Bun		Turkey & Cheese GF Bun					
Turkey & Cheese WG Hoagie	Ham & Cheese GF Bun								
Salad Meal w/ Crackers or Flatbread	(vegetarian salad available upon request)	Taco Salad /Veggie Salad **	Chef Salad w/Ham	Buffalo Chicken Salad					
California Chicken Salad									
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4					
Seasoned Potato Wedges	Seasoned Black Beans	Shoestring Sweet Potatoes	Cheesy Potato Au Gratin	Spinach Salad w/Craisins					
Fresh Garden Tossed Salad	Shred Lettuce & Diced Tomatoes	Steamed Broccoli	Seasoned Green Beans	Asian Blend Veggies					
Steamed Carrots	"Cool" Cucumber Slices	Crispy Celery Sticks	Veggie Dippers	Sticks&Stones (Grape Tomatoes/Carrots)					
Sweet Pineapple Tidbits	Applesauce Cup Variety	Frozen Fruit Cups	Sliced Peaches	Mandarin Oranges					
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Sweet Pineapple Chunks					
Lowfat Milk Choice		Lowfat Milk Choice	Lowfat Milk Choice	Frosted Cookie WG					
Vegetarian option***	Vegetarian entree offered daily - check school for choices			Lowfat Milk Choice					
Gluten Free Entree Option	ALL Fruit and Vegetables GF								
Dark Green vegetable serving	Red/Orange vegetable serving			Legume vegetable serving					

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